**Recruitment of Families for a Research Project**

The Sleep Research Laboratory at Rivière-des-Prairies Mental Health Hospital is in the process of recruiting!

We are looking for families with a child under 6 months of age to participate in a study assessing the sleep of the mother, father (or life partner) and infant to study the associations between sleep, parental expectations related to sleep, the well-being of the parents and the mother-child bond.

Study participants will receive financial compensation in the form of gift cards.

Exclusion criteria:

-Infant, mother or father suffering from a serious medical or psychiatric condition

If you are interested or would like more information, please write to us at: once.upon.a.night.lab@gmail.com